

THE MANHATTAN MIDTOWN

The Official Newsletter of Community Board Five
December 2006

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COMMUNITY BOARD FIVE

Dear Friends,

Community Board Five's **Second Annual Holiday Food Drive** was a wonderful success, gathering over three times as much food as last year! Through the generosity of community and Board members this year's recipient, the **Oliveri Center for Homeless Women**, is better able to provide nourishment for the many people needing their services. CB5 is happy to have begun this tradition and we thank you for your generous support in our effort to support those in our community that need help.

Sincerely,
Gary Parker, District Manager

Community News and Events



Because cancer can cause an enormous financial burden, there are sources that can help subsidize treatment, either directly through supporting chemotherapy and radiation treatments or by helping with transportation, childcare, rent and food. However, these resources can be difficult to access and are underutilized largely due to lack of knowledge. **The Center for Immigrant Health** has reached out to 300 community based organizations, and will assist 200 patients navigate through cancer services this year. In addition, they educate providers and staff at 10 health facilities serving immigrants with cancer. If you or anybody you know is an immigrant with cancer and is in need of assistance, please feel free to call the Center at 212.263.8783 or visit www.med.nyu.edu/cih

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Be Wreathed in Smiles! – The smell of warm chestnuts, the ringing of bells, the crush of people all straining to get a better view. It's a holiday tradition like no other and despite the moaning and groaning, New Yorkers love it! Each year the department stores of NYC dazzle the eyes with windows of wonder as part of the many holiday traditions of the city. Be bold and take a walking tour of all of them this year! You can start at **Macy*s** at 34th street, walk up 5th Avenue past **Saks** and **Bergdorf Goodman**, and head East to **Barney's** and **Bloomingdale's**. Click [Holiday Windows Walking Tour Map](#) for a guide to what to see and where!



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If You Build It, They Will Rent – **35th Street Associates LP** is pleased to announce that applications are now being accepted for 90 affordable housing rental apartments now under construction at 1 East 35th Street in the Murray Hill section of Manhattan. Applicants will be required to meet income guidelines and additional selection criteria to qualify. Applications may be requested by mail from: 35th Street Associates, L.P., 331 West 57th Street, Box #231, New York, NY 10019. Please include a self-addressed envelope with your application request. Completed applications must be returned by regular mail only to a post office box number that will be listed with the application. No certified, registered, express, or priority mail will be accepted. Applications must be postmarked by December 23rd, 2006. For more information visit www.nyc.gov/hpd



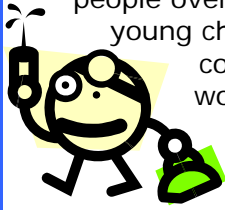
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Make a Difference! – **The GO Project** is currently seeking volunteers to work with students in grades 1-5. **The GO Project** assists at-risk children and their families through year-round academic and social service programming. **GO** accepts students based on academic need and currently serves 230 students from 26 public schools. Students work in groups of two, or preferably one-on-one, with volunteer tutors from the community. The program meets at the Grace Church at 86 Fourth Avenue and the Little Red School House & Elizabeth Irwin High School at 272 Sixth Avenue in Manhattan on twenty-two Saturdays throughout the school year from October 7, 2006 to April 28, 2007. If you are over eighteen and interested in volunteering for this program, please contact Dot Portella Manager of Volunteer Recruitment, at 917-653-7238 or GOProjectTutor@gmail.com



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Stick it to the Germs! – City clinics are now offering flu shots. The **Department of Health and Mental Hygiene (DOHMH)** urges people over age 50, people with chronic medical conditions, young children – as well as their caretakers and household contacts – to get a flu shot. Additionally, all health care workers should get vaccinated. **The Centers for Disease Control and Prevention (CDC)** has indicated that there will be enough vaccine for everyone who wants a shot to get one this year. New Yorkers should ask their doctor for a flu shot; those without a doctor can **call 3-1-1** to find out where to get a no-cost flu shot.



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City Agency Announcements

Take Care – Everyone feels sad occasionally, but if feelings of sadness persist it may be more serious. Depression is a medical illness that can affect your physical health as well as your mood. It's easy to dismiss negative feelings and to push on with things, but if you've lost interest or pleasure in things, have trouble sleeping, no energy or appetite, have trouble concentrating, or have thought about hurting yourself, you must seek help. Depression is treatable and can be controlled with counseling, medication, or both. Taking even one of these preventative steps can help you feel better:



- Get physical activity to help you manage stress
- Do something you enjoy every day
- Set simple goals and take small steps to reach them
- Spend time with people who can support you

There are many organizations that can help people with depression and those who care for them. Visit www.nyc.gov/health for more information and resources.

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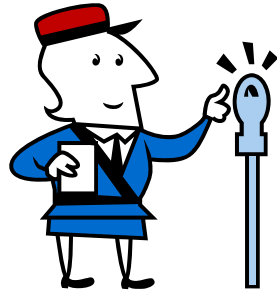


School Daze- Judging by the size of some book bags, kids these days have more homework than they know what to do with. **HomeworkNYC.org**, is New York City's full-service homework help site, designed to specifically meet the homework needs of New York City elementary, intermediate and high school students. **HomeworkNYC.org** has been designed by New York City's three public library systems, Brooklyn Public Library, The New York Public Library and Queens Library in collaboration with the New York City

Department of Education.

It is an advertising-free online environment, allowing students to do their research without distractions. **HomeworkNYC.org** guides students to reliable, valid sources of information from well-respected databases and publications including World Book Encyclopedia, The New York Times, and Searchasaurus. There are resources in multiple languages including Spanish, Chinese and Russian, with content written specifically for students at all grade levels. This may just be the best resource on the internet! For more information, please visit: Homeworknyc.org

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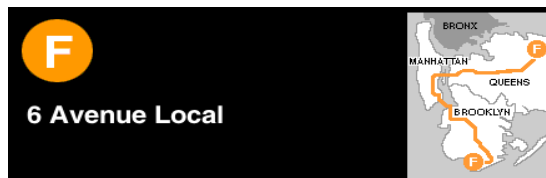
NYC Parking Regulations – There are many legally recognized holidays on which parking regulations are suspended. For the month of December, *Alternate Side Parking* regulations are suspended on the following days:

Friday, December 8 – Immaculate Conception
Monday, December 25 – Christmas Day
Saturday, December 30 – Idul-Adha

For more information on Parking Regulations, visit the DOT Parking Calendar at www.nyc.gov/finance. Information can also be obtained by calling 311.

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Check This Out!



Italian food on Arthur Avenue. Karaoke on Korea Way. Live music in the East Village. There are lots of neighborhoods in NYC, each with its own distinctive taste, smell, and vibe. If you're out for a day of exploring, how do you choose where to go? Visit **Next Stop: NYC**, a website of the *NYC Department of Small Business Services*. The goal of **Next Stop: NYC** is to encourage New Yorkers to explore the city's diverse neighborhoods and to support the small businesses located within them. On a rotating basis, **Next Stop: NYC** will travel a specific subway line as it wends its way through various neighborhoods, highlighting what each neighborhood has to offer in the way of food, fashion, music and more. Consider it your express line to events, deals, steals, and adventures off the beaten path. This month, travel the **F train** from Jamaica to Brighton Beach. Be a tourist in your own town! Check it out at www.nyc.gov/nextstop

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Precinct Community Council Meetings

Each month local Police Precincts hold **Community Council Meetings** where community members can voice their concerns for local issues affecting their quality of life. Council meetings are open to all residents of the precinct. The four precincts located in Community Board Five, and their respective Council meeting times are:



- **10th Precinct** - last Wednesday of each month at 7:30pm. Contact: Det. Mike Petrillo at 212-741-8226
- **13th Precinct** - Every 3rd Tuesday of the month at 6:30pm. Contact: P.O. Mike Hnatko and Joe Abruzzese at 212-477-7427
- **Midtown North Precinct** - Every 3rd Tuesday of the month at 7:30pm. Contact: Det. Stephen Giaco or P.O. Diane O'Connor at 212-767-8447
- **Midtown South Precinct** - Every 3rd Thursday at 7pm. Contact: Det. Adam D'Amico at 212-239-9846

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Liquor License Applicants

Attached is a spreadsheet listing this month's applicants. You will need Adobe Acrobat Reader to access this document. It is available free by clicking on the below icon.



If you have any questions regarding this list, please call the office or email cindy@cb5.org.

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Contact Community Board Five

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We're on the Web!
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If your organization would like to publicize an event in **The Manhattan Midtown**, email your request to: office@cb5.org. To be considered for publication events must be free and open to the public.

To be removed from our mailing list, simply reply to this email with **"REMOVE"** in the subject line.