

# THE MANHATTAN MIDTOWN

The Official Newsletter of Community Board Five  
January 2007

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## COMMUNITY BOARD FIVE

Dear Friends,

With 60 degree days, you'd never know it was December in New York! Thankfully, at this time of year Midtown has Macy's windows, the dancing snowflakes at Saks, and the Rockefeller Center Christmas tree to get us all in the holiday spirit.

As 2006 comes to an end, Community Board Five sends all those in Midtown Manhattan happy holiday greetings and warm wishes for the New Year!

Sincerely,  
Gary Parker, District Manager

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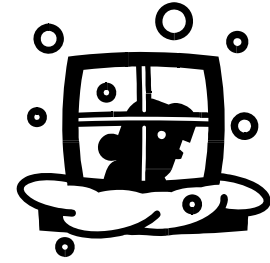
## Community News and Events



**Learn Something New for Free** – The **Manhattan Educational Opportunity Center (MEOC)** provides FREE educational and vocational training to qualified individuals. **MEOC's** innovative courses and counseling programs are designed to meet the needs of adults who wish to obtain a high school equivalency diploma, prepare for college studies, or prepare for entry-level positions in business. Courses include GED and ESL, as well as Microsoft Office and PC repair. In addition, **MEOC** also offers informative, interactive financial workshops to help individuals manage their finances. All courses and programs are free of charge. For more information, contact the MEOC at 212.961.4322 or visit their website at [www.meoc.cuny.edu](http://www.meoc.cuny.edu)

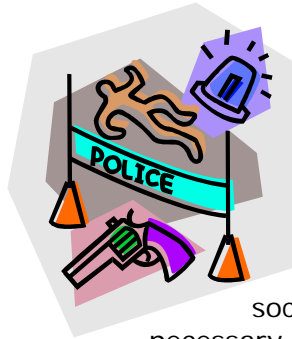
### **Good Sense for the Cold Weather** –

Snowy, winter weather can be fun, but it can also play havoc with your health with such ailments as heart attacks, frostbite, and broken bones due to slips and falls. Staying in the cold for a long time can be harmful to anyone, but it can be especially risky for the elderly. Even mildly cool temperatures of 60-65 degrees can trigger hypothermia, a condition that can be deadly if not detected promptly and treated properly. Signs of hypothermia include uncontrollable shivering, numbness, drowsiness, confusion, and difficulty with coordination. Tips for preventing hypothermia include:



- Dress warmly in layers and wear a hat to prevent heat loss
- Choose hot, nourishing meals and warm drinks
- Be careful when shoveling snow - push, rather than lift, the snow

If you have an elderly relative, friend or neighbor, please check on them to see if they are alright. If you need information on services for the elderly or have heating issues, call 311.



### **You're Not Alone – Crime Victim Services(CVS)**

is a new state-funded program dedicated to serving and assisting New York residents who become crime victims. All **CVS** services are free of charge, completely confidential and available to anyone who is an innocent victim of crime regardless of age, sex, or

social status. The goal of **CVS** is to provide the necessary assistance and information that a victim needs. General services provided include:

- Help filing a Police Report
- Replacing essential property
- Medical Expenses
- Legal Referrals
- Counseling Services and much more

Contact **Crime Victim Services** at 212.585.6051 or visit them at the *Stein Senior Center*, 340 East 24th st., 2nd floor.

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## City Agency Announcements



### **Don't Let the Grinch Steal Christmas!-**

The spirit of the holidays may be all over the city, but not for everyone. The **NYC Department of Consumer Affairs** reminds shoppers to shop wisely.

A few common sense tactics can prevent some nasty holiday hangovers:

- Know the store's return policy
- Know the terms and conditions of gift cards
- Know an items original price for comparison to its sale price

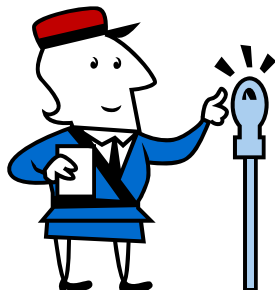
And if you're one of the millions nationwide who choose to shop online, be savvy about your information:

- Never reveal your social security number, mother's maiden name, or former address
- Double-check delivery and shipping information
- Use a credit card, not a debit card, for added purchasing protection

And of course, always get a receipt and save it! For more information, including free consumer and business guides, dial 311 or visit the **DCA** online at [www.nyc.gov/consumers](http://www.nyc.gov/consumers).

**Watch it All Just Disappear** – The **NYC Department of Sanitation (DSNY)** collects fall

leaves from 37 of its 59 Community Districts and turns them into high-quality compost. By 2007 bagging fall leaves in brown paper bags will be mandatory for all NYC residents, as part of NYC's *Solid Waste Management Plan*. Paper bags decompose naturally with the leaves, unlike plastic bags which don't decompose at all. Less plastic means cleaner, higher-quality compost available for residents at the City's compost giveback events. Sample brown bags were given out this year to several areas, as well as at the NY Botanical Gardens. Additional paper leaf bags can be purchased at Ace Hardware, Home Depot, and Target, among other area stores. Call 311 with any questions about leaf collection.



**NYC Parking Regulations** – There are many legally recognized holidays on which parking regulations are suspended. For the month of January, *Alternate Side Parking* regulations are suspended on the following days:

**Monday, January 1 – New Year's Day**  
**Monday, January 15 – Martin Luther King Holiday**

For more information on Parking Regulations, visit the DOT Parking Calendar at [www.nyc.gov/finance](http://www.nyc.gov/finance). Information can also be obtained by calling 311.

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## On Board - Meeting the Interns of CB5

### *Trishann Williams*

No one can say that CB5's Social Work intern, Trishann Williams, isn't well informed. An MSW student at the Hunter College School of Social Work, she already holds a Masters of Public Administration from the Wagner School of Public Service, has worked for the NYS Assembly, the NYS Department of Social Services, and is presently a Fellow at the Center for Women in Government. And on top of it all, during her three full days in the CB5 office, she is currently working with several CB5 committees on putting together three separate informational forums. Needless to say, we are grateful for her dedication and willingness to tackle challenging issues head-on.

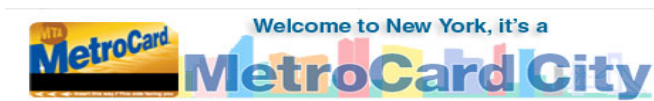
When asked about areas of interest, "outreach" was the word that came up. It's important for "more people to be aware of the Community Board. [Specifically] organizations that directly serve individual residents," Trish says. She believes that Community Boards can serve an important role in community education, facilitating cooperation 'between those who need services and those who provide them.' Community Boards allow citizen "involvement in political issues...giving the average citizen a voice in community government, thereby empowering communities...giving them a role in the decision making process."

One of Trish's hopes for her time at CB5 is to see more community members at CB5 meetings, being active in their community and affecting change. As for the long term, Trish sees herself on the federal level one day. "I've worked in local and state government and would like expand to a national [stage]." Though her work at Hunter is specifically geared toward community organizing, she could see herself focusing on research and developing public policy. "I'd like to get out of my safety zone and move onto a broader platform." She certainly has a solid foundation to start from.

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## Check This Out!

Sure we all curse the **MTA** from time to time, when the



air conditioning doesn't work or when the **B** train you're on suddenly becomes an **F** train. But did you ever think the MTA could be helpful?! Sound crazy? Well, the MTA has a page on their website that not only has important information regarding the subway system, but helpful tools including information on sightseeing, events, Metrocard offers, airport information and maps for getting around. In one place, you can not only find out what's happening around the city, but also how to get there, and transit situations to be wary of while on the way. Just visit the MTA website at [MTA Tourism](#) and don't let the tourists have all the fun!

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## Precinct Community Council Meetings

Each month local Police Precincts hold **Community Council Meetings** where community members can voice their concerns for local issues affecting their quality of life. Council meetings are open to all residents of the precinct. The four precincts located in Community Board Five, and their respective Council meeting times are:



- **10th Precinct** - last Wednesday of each month at 7:30pm. Contact: Det. Mike Petrillo at 212-741-8226
- **13th Precinct** - Every 3rd Tuesday of the month at 6:30pm. Contact: P.O. Mike Hnatko and Joe Abruzzese at 212-477-7427
- **Midtown North Precinct** - Every 3rd Tuesday of the month at 7:30pm. Contact: Det. Stephen Giaco or P.O. Diane Menick at 212-767-8447
- **Midtown South Precinct** - Every 3rd Thursday at 7pm. Contact: Det. Adam D'Amico at 212-239-9846

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## Liquor License Applicants

Attached is a spreadsheet listing this month's applicants. You will need Adobe Acrobat Reader to access this document. It is available free by clicking on the below icon.



If you have any questions regarding this list, please call the office or email [cindy@cb5.org](mailto:cindy@cb5.org).

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## Contact Community Board Five

**Community Board Five**  
**450 Seventh Avenue**  
**Suite 2109**  
**New York, NY 10123**  
**Phone: 212-465-0907**  
**Fax: 212-465-1628**  
**E-mail: [office@cb5.org](mailto:office@cb5.org)**  
**We're on the Web!**  
**[www.cb5.org](http://www.cb5.org)**

If your organization would like to publicize an event in **The Manhattan Midtown**, email your request to: [office@cb5.org](mailto:office@cb5.org). To be considered for publication events must be free and open to the public.